

**S C H M I D T**  
**FAMILY & COSMETIC DENTISTRY**  
PAUL M. SCHMIDT, D.D.S.

SEDATION FOR DENTAL TREATMENT: INSTRUCTION FOR PATIENT / GUARDIAN

In order to provide dental treatment for your child, we have prescribed a sedative drug. The name of the drug is \_\_\_\_\_ and will be given prior to treatment. This medication will relax your child and help us to do the treatment safely. Because these procedures require additional time, and are more difficult than routine treatment, there is an additional charge for each visit when the drug is used.

Occasionally, because the drug irritates the stomach, an anxious child may become nauseated. It is **extremely important** that your child have an **empty stomach** in order for the medication to be more effective and to prevent vomiting.

BEFORE ARRIVING FOR THE DENTAL APPOINTMENT

1. Dress your child in loose clothing. Avoid anything that is tight around the neck.
2. Your child must be accompanied by a parent/guardian for all appointments. After the appointment, your child may be very sleepy. A second person may be helpful to care for your child while driving the car to and from the appointment.
3. If your child develops a fever, a productive cough and/or heavy nasal drainage within two (2) days **before** the appointment, notify the office.
4. No solid food should be given for five (5) hours before the scheduled appointment.
5. Small amounts (half of a small glass) of **clear** fluids (water, 7-Up) may be given up to two (2) hours before the appointment. Fluids such as orange juice, milk or foods should **not** be given to your child.
6. Your child will be given the drug for sedation when you arrive at the office. Your **PROMPT** arrival is very important because it will take the medication time to work before treatment can begin.

4963 MACKINAW RD.  
SAGINAW, MI 48603  
989-793-6480  
FAX 989-793-5069

#### AT THE OFFICE

1. Your child may fall asleep during some of the dental procedures and may stay awake and cry at times. Some children will cry through the entire visit because of the unfamiliar noises that accompany dental treatment. The child will receive a local anesthetic to prevent any discomfort.
2. The lowest dosage for your child's age and weight that will provide sedation will be given. All children are different, and some children may not receive adequate effects from the medication. If we find that the drug is not adequate to safely treat your child, we will stop treatment and another appointment will be made and necessary changes will be made in the type and/or amount of drug used.
3. Nausea, vomiting and irritability are possible side-effects of the medication. Upon first administration of the medication, your child may become quite active. Shortly, though, your child will relax to a restful condition.

#### AFTER THE DENTAL TREATMENT

1. Since your child will be drowsy after the appointment, please watch him/her carefully.
2. Do not allow your child to bite or scratch his/her lips, tongue or cheek if a local anesthetic is used. This sensation of numbness may last 3-4 hours.
3. Following dental treatment, your child will be groggy and may want to sleep for a few hours or most of the day. As the medication is wearing off your child may become quite hungry. He/she may have food (**unless numbness is present**) but please provide plenty of fluids to drink, a soft diet, and do not allow excessive eating.
4. Because balance is the last function to return to normal, your child will be "wobbly" and may experience nausea and an upset stomach. Carefully observe your child's activities for the rest of the day.
5. If you have any questions, call Dr. Schmidt about any side effects or complications at 989-793-6480.

Complying with these instructions will help to provide a successful and safe appointment for your child. I have read this entirely and understand completely and give permission to Dr. Schmidt to sedate my child to complete dental treatment.

Signature \_\_\_\_\_ Date \_\_\_\_\_